

Making Sense of Trauma: Practical Tools for Working with Children and Youth

Created in association with the Manitoba Trauma Information and Education Centre (trauma-informed.ca and trauma-recovery.ca).

Trauma is pervasive and impacts all of us, children and adults. Becoming trauma-informed helps us when working with children to shift from saying "what is wrong with you" to "what has happened to you". The workshop will help you to understand the patterns of children's behaviour and to learn some practical tools to begin helping children to manage those behaviours.

Facilitators:

Kate Kiernan

Kate Kiernan, M.Sc., is a clinician at the Families Affected by Sexual Assault Program for New Directions for Children, Youth, Adults and Families in Winnipeg. She has over 25 years' experience working with children and youth who have experienced trauma.

Billy Brodovsky

Billy Brodovsky, M.S.W., is a clinician at the Families Affected by Sexual Assault Program for New Directions for Children, Youth, Adults and Families in Winnipeg. He has been working with children and youth who have experienced trauma for over 25 years.

Both Billy and Kate are particularly interested in assisting adults to better understand the impact of trauma on children as well as on themselves. The Making Sense of Trauma is a one day workshop that Billy and Kate have been presenting to foster parents, Child & Family Services workers, and other professionals working with children and youth in Manitoba.

("Succeeds in providing a clear and helpful understanding of trauma and its effects. It provides the caregiver with practical skills and ways to conceptualize trauma that will be immediately effective." Dr. Jennifer Frain, C.Psych. Chief Executive Officer New Directions for Children, Youth, Adults and Families)

For more info: <https://makingsenseoftrauma.com/#twitter-upcoming-becoming>